

## MURPHY'S COVE



### *Ramp near the Government Wharf*

This launch site is at the head of Carter's Cove (though the community is called Murphy's Cove). From here, you can paddle to the cluster of small islands off Owen Point. For detailed route information, see "Eastern Shore, Murphy's Cove" in Scott Cunningham's excellent book **Sea Kayaking in Nova Scotia** (revised 2013).

**Launch Site Rating** Easy

**Launch site Description** Small gravel ramp next to metal slipway.

**Amenities at site** None. Do not block ramp. Park on road side.

### **Arriving by land**

Look for a sign saying Rosborough Boats just west of an Anglican Church. Turn down this road and look for the ramp beside a sign that says Carter's Point Marine Slip.

**Arriving by sea** Look for the government wharf and boats. The ramp is beside the metal slipway.

**Topographic map number** Tangier 11D15

### **GPS reading**

Lat 44° 47' 10"

Long 062° 45' 45"

**Owner** Permission from Eastern Shore Protective Association 902-772-2298.

### **NEARBY SERVICES**

Tangier Paddler's Retreat B and B. Coastal Adventures Kayak Tours and Rentals.

Murphy's Cove Campground ( See launch sites)

Musquodoboit Harbour and Sheet Harbour. Full range of services.

See also [www.seacoasttrail.com](http://www.seacoasttrail.com)

## MUSHABOOM



This sheltered launch site is close to an island group about two km away. A day trip is possible from here over to Taylors Head beach. For detailed route information, see "Eastern Shore, Mushaboom Harbour" in Scott Cunningham's excellent book **Sea Kayaking in Nova Scotia** (revised 2013).

*Mushaboom launch site*

**Launch Site Rating** Easy

**Launch Site Description** Short grass/gravel track. 6 m carry.

**Amenities at site** None. Limited shoulder parking.

**Arriving by land** This is a bit tricky to find by land and sea. Turn down the road to Mushaboom. Turn right onto Bluegrass Road and go about 700 m. Look for a break in the trees at the bottom of the hill on the left about 100 m before the bridge.

**Arriving by sea** Paddle behind Malagash Island into Malagash Cove. The ramp is about 100 m to the east of the bridge. Look for a break in the trees.

**Topographic map number** Tangier 11D15

### **GPS reading**

Lat 44° 50' 44"

Long 062° 32' 12"

**Owner** Public roadside

### **NEARBY SERVICES**

Spry Bay Campground and Spry Bay Café, 19867 Hwy 7

Tangier Paddler's Retreat B and B Coastal Adventures-Kayak Tours and Rentals.

Murphy's Cove Campground

Sheet Harbour. Full range of services. See also [www.seacoasttrail.com](http://www.seacoasttrail.com)

## OSTEA LAKE ROAD



This ramp is located about half way up Musquodoboit Harbour on the east side near where it begins to narrow on its way to the sea. It gives access to the wider upper harbour and the ocean channel. Be careful of currents and quickly draining waters. See Introduction.

*Ostea Lake Road ramp*

It may be appealing to paddle among a small group of islands at the narrows or into the large lagoon at Martinique Beach via a channel at the north end of Francis Nose Island.

**Note:** No other public launch sites were found on this peninsula until back near Hwy 7 on the east side of the peninsula.

**Launch Site Rating** Easy

**Launch site Description** Gravel rock ramp. Back vehicle to water.

**Amenities at site** None. Off road parking for 2-3 cars.

**Arriving by land** Look for the small pull off and ramp about 4.3 km from Hwy 7.

**Arriving by sea** May be a bit hard to spot. To the south is a guard rail and to the north is a small dock with a wood rail.

**Topographic map number** West Chezzetcook 11D11

### **GPS reading**

Lat 44° 44' 47"

Long 063° 06' 40"

**Owner** Publicly used

### **NEARBY SERVICES**

Musquodoboit Harbour- About 8 km. Full range of services. See [www.seacoasttrail.com](http://www.seacoasttrail.com)

## OYSTER POND



*Looking up Oyster Pond Inlet. The ramp is on the right. Note the gap in the old Trunk Road where the bridge used to be.*

Oyster Pond, though not as long as Salmon River Inlet, is another intriguing inland tidal paddle.

**Launch Site Rating** Easy. **Caution: If you head out to sea from here or in from the sea be careful of strong currents under the bridge.**

**Launch site Description** Fine gravel ramp. Looks like it is not used much.

**Amenities at site** None. End of road parking for 1-2 cars.

**Arriving by land** Turn off Hwy 7 at the sign for the Oyster Pond Fire Hall. Go past hall turn left on the Old Trunk Road and go to the end.

**Arriving by sea** Go under the bridge at the head of the East Arm of Jeddore Harbour on the east side. Look for a gap ahead where the bridge was for the old road. The ramp is about 60 m to the right.

**Topographic map number** Musquodoboit Harbour 11D14

**GPS reading**



Lat 44° 46' 47"  
Long 063° 00' 51"

**Owner** Appears to be public.

In case you want to rinse off the salt or go for a freshwater paddle, there is a public ramp close by into not-so-little Little Lake. This delightful spot has picnic tables for a waterfront lunch, benches and a small loop trail.

Turn at the Memorial Stone about 300 m east of the Fire Hall turn.

*Nearby freshwater ramp at Oyster Pond*

### **NEARBY SERVICES**

Musquodoboit Harbour Full range of services. See [www.seacoasttrail.com](http://www.seacoasttrail.com)

Nearby Jeddore Lodge and Salmon River Country Inn both offer waterfront lodging, meals and a good base for tours.



## SALMON RIVER BRIDGE



The Salmon River tidal inlet with its dramatic cliffs and 4 km length makes for an enticing paddle from this launch site.

*The Salmon River Bridge ramp looking over to the Salmon River Country Inn.*

**Launch Site Rating** Easy. **Caution: If you head out to sea from here or in from the sea be careful of strong currents under the bridge.**

**Launch site Description** Asphalt ramp

**Amenities at site** None. Off road for 1-2 cars.

### Arriving by land

Turn off Hwy 7 at the Jeddore Lodge.

### Arriving by sea

Look for the bridge at the head of the East Arm of Jeddore harbour on the west side. Once past the bridge, the ramp is on your left.



*Jeddore Lodge and public ramp.*

**Topographic map number** Musquodoboit Harbour 11D14

### GPS reading

Lat 44° 46' 44"

Long 063° 02' 30"

**Owner** Public

### NEARBY SERVICES

The ramp is next to the Jeddore Lodge which has cabins, rooms and a restaurant. Across the inlet is the Salmon River Lodge also offering rooms, a restaurant and water access. Both would be a good base for a paddle tour.

Musquodoboit Harbour About 12km. Full range of services. See [www.seacoasttrail.com](http://www.seacoasttrail.com)

## SPRY HARBOUR



From this site, you can paddle out around Gerard and Phoenix Islands. These are described in Scott Cunningham's excellent book **Sea Kayaking in Nova Scotia** (revised 2013), Tangier Harbour, Eastern Shore.

*Spry Harbour ramp*

**Launch Site Rating** Easy depending on wind and waves.

**Launch Site Description** Rocky Ramp. Fine gravel below high tide

**Amenities at site.** None. Off road parking for 2-3 cars.

**Arriving by land** This is a bit hard to spot. Directly off Hwy 7 by blue Spry Harbour sign.

**Arriving by sea** Look for pole frame above and a small bridge to the west.

Note: It is also possible to land if needed on a small beach at the head of Spry Bay next to Taylor Head Park. A short grass path leads to the road. Not suited to launching.

**Topographic map number** Tangier 11D15

### **GPS reading**

Lat 44° 49' 19"

Long 062° 38' 02"

**Owner** Public roadside

### **NEARBY SERVICES**

Spry Bay Campground and Spry Bay Café, 19867 Hwy 7

Tangier Paddler's Retreat B and B Coastal Adventures-Kayak Tours and Rentals.

Murphy's Cove Campground

Sheet Harbour. Full range of services. See also [www.seacoasttrail.com](http://www.seacoasttrail.com)

## TANGIER - Cooper's Road



Sandy coves and Crown islands await the paddler just outside Tangier Harbour. For detailed route information, see "Eastern Shore, Tangier Harbour" in Scott Cunningham's excellent book **Sea Kayaking in Nova Scotia**. (revised 2013) You can also read about "Tangier Harbour" at [www.coastaladventures.com](http://www.coastaladventures.com) under "Route Guide".

*Ramp next to the government wharf*

**Launch Site Rating** Easy

**Launch site Description** Concrete ramp

**Amenities at site** None. Limited roadside parking. Do not block wharf.

**Arriving by land** Turn down Cooper's Road off Hwy 7 and follow road to the end.

**Arriving by sea** Look for the wharf on the east side of Tangier Harbour

**Topographic map number** Tangier 11D15

### **GPS reading**

Lat 44° 47' 40"

Long 062° 40' 30"

**Owner** Public

### **NEARBY SERVICES**

Paddler's Retreat B and B. Coastal Adventures Kayak Tours and Rentals.

- See "Tangier - Mason's Point Road" Launch Site for more info.

Murphy's Cove Campground - See Launch Site for more info.

Spry Bay Campground and Spry Bay Café, 19867 Hwy 7

Musquodoboit Harbour and Sheet Harbour. Full range of services.

See also [www.seacoasttrail.com](http://www.seacoasttrail.com)



## TANGIER - Marine Drive Roadside



*Gravel ramp at the head of Pope's Harbour*

This ramp is roadside and gives access to Pope's Harbour sheltered from the SW winds. Be aware of open sea past the end of the harbour. For detailed route information to island campsites and portage, see "Eastern Shore, Popes Harbour" in Scott Cunningham's excellent book, **Sea Kayaking in Nova Scotia** (revised 2013).

**Launch Site Rating** Easy

**Launch Site Description** Gravel ramp

**Amenities at site** None. Limited off-road parking. Grassy area.

**Arriving by land** Going east on Hwy 7, the launch is just past the sign for the Moose River Gold Museum.

**Arriving by sea** The road and a power pole are visible here. Across the road is a brown house.

**Topographic map number** Tangier 11D15

### **GPS reading**

Lat 44° 48' 26"

Long 062° 40' 25"

**Owner** Used by the public

### **NEARBY SERVICES**

Tangier - Paddler's Retreat B and B. Coastal Adventures, Kayak Tours and Rentals. Murphy's Cove Campground, Spry Bay Campground and Spry Bay Café, 19867 Hwy 7 Musquodoboit Harbour and Sheet Harbour. Full range of services. See also [www.seacoasttrail.com](http://www.seacoasttrail.com)

## TANGIER - Mason's Point Road



*Paddlers Retreat B and B*



*Coastal Adventures' launch site*

This ramp at the head of Tangier Harbour is the launch site for Coastal Adventures, the oldest kayak touring company in Nova Scotia (1981). Paddlers can launch here with the permission of the owners, Scott Cunningham and Gayle Wilson. They offer regional and local tours, instruction, rentals and accommodations.

From this site, you can paddle out to sandy coves and Crown islands. For detailed route information, see "Eastern Shore, Tangier Harbour" in Scott Cunningham's excellent book **Sea Kayaking in Nova Scotia** (revised 2013). You can also read about "Tangier Harbour" on their web site [www.coastaladventures.com](http://www.coastaladventures.com) under "Route Guide". An alternate launch site into this harbour is the Tangier Government Wharf on Cooper's Road. ( See "Tangier- Cooper's Road".)

**Launch Site Rating** Easy

**Launch Site Description** Gravel ramp.  
Short carry.

**Amenities at site** Parking for about six cars. Small park next to ramp has a garbage can and picnic tables.



**Arriving by land** Turn down Mason's  
*and the Prince Alfred Arch*  
Point Road about 500 m.

*Small park*

**Arriving by sea** Go to the head of Tangier Harbour and look for the arch at the park on the east side. The ramp is just past a small breakwater.

**Topographic map number** Tangier 11D

**GPS reading**

Lat 44° 48' 02"

Long 062° 41' 32"

**Owner** Private. Ask owners for permission to park and launch. Their home is next to the launch site or call them at 902-772-2774.

**NEARBY SERVICES**

Paddler's Retreat B and B across the road. Coastal Adventures-Kayak Tours and Rentals.

Murphy's Cove Campground

Spry Bay Campground and Spry Bay Café, 19867 Hwy 7

Musquodoboit Harbour and Sheet Harbour. Full range of services.

See also [www.seacoasttrail.com](http://www.seacoasttrail.com)

## TAYLOR HEAD PROVINCIAL PARK



*Taylor Head beach*

This lovely beach and turquoise waters invite paddling out to nearby Psyche Island on the east side of this long peninsula. The only drawback for the paddler is the long carry from the parking area to the beach. It is also an exceptional place to land for a picnic and go for a wild coastal hike. A possible launch site on the west side of this long peninsula is by one of the pullovers about 3 km from Hwy 7. The shore is rocky however and it is exposed to the SW wind on this side.

You could paddle over from the beach to the island group near Mushaboom. The launch site there has a short carry ( See "Mushaboom"). For detailed route information, see "Eastern Shore, Mushaboom Harbour" in Scott Cunningham's excellent book **Sea Kayaking in Nova Scotia**(revised 2013).

**Launch Site Rating** Easy.

**Launch Site Description** Long fine sand beach. 120 m carry on boardwalk. Bring a cart if you have one.

### **Amenities at site**

Lots of Parking, Toilets, Garbage Cans, Picnic Tables, Change rooms, Interpretive Displays, Hiking Trails.

**Arriving by land** Turn at the sign for the park and go 5km to the end of the road.



*Taylor Head beach and Psyche Island*

**Arriving by sea** Look for the beach about half way up the east side of Taylor Head just past an island. Path is toward the south end of the beach.

**Topographic map number** Tangier 11D15

**GPS reading**

Lat 44° 48' 31"

Long 062° 33' 36"

**Owner** Province

**NEARBY SERVICES**

Spry Bay Campground and Spry Bay Café, 19867 Hwy 7

Tangier Paddler's Retreat B and B Coastal Adventures-Kayak Tours and Rentals.

Murphy's Cove Campground

Sheet Harbour. Full range of services. See also [www.seacoasttrail.com](http://www.seacoasttrail.com)



## WEST SHIP HARBOUR ROAD



This was the only launch site found into Ship Harbour. It is near the head of the harbour sheltered behind a small point.

*Community ramp and floating dock*

**Launch Site Rating** Easy

**Launch site Description**

Wide concrete ramp

**Amenities at site** None. Off road parking for 8 cars.

**Arriving by land**

Turn off Hwy 7 down West Ship Harbour Road and go about 2 km.



*Looking out past dock to Ship Harbour*

**Arriving by sea** Look for moored boats in a cove just past a small point. The ramp is beside a long wood and black plastic floating dock.

**Topographic map number** Tangier11D15

**GPS reading**

Lat 44° 48' 10"

Long 062° 51' 34"

**Owner** Community leased and maintained. OK to launch here.

**NEARBY SERVICES**

Musquodoboit Harbour and Sheet Harbour. Full range of services.

See also [www.seacoasttrail.com](http://www.seacoasttrail.com)

## CLAM BAY



*Clam Bay beach*



*Path to beach*

This shallow surfy beach may require a surf launch even on a calm day. It has a short carry to the beach unlike nearby Clam Harbour Provincial Park.

**Launch Site Rating** Easy to difficult depending on surf.

**Launch Site Description** Exposed shoreline. Long sand beach. Short 10m carry

**Amenities at site** None. End of road parking for 1-2 cars.

**Arriving by land** Look for Point Road off Clam Harbour Road and go to the end.

**Arriving by sea** Trailers can be seen at the east end of the beach. The road is at the west end of the beach.

**Topographic map number** Owl's Head 11D10

### **GPS reading**

Lat 44° 43' 42"

Long 062° 55' 00"

**Owner** Public

### **NEARBY SERVICES**

Musquodoboit Harbour Full range of services. See also [www.seacoasttrail.com](http://www.seacoasttrail.com)

## CLAM HARBOUR PROVINCIAL PARK



### *Clam Harbour Beach*

This long sand beach is home to the popular annual Sand Castle competition. It is shallow and surfy like many Eastern Shore beaches and so launching is easier on a calm day. A second obstacle to launching at this beach is the long carry - about 100 m so bring a cart if you have one. Another option is to launch at Clam Bay for ocean paddling or at Little Harbour to access Clam Harbour, a large shallow bay behind the beach ( mid to high tide). See launch site descriptions.

**Launch Site Rating** Easy to difficult depending on the surf.

**Launch site Description** Long sand beach, Long asphalt/wood path to beach.

**Amenities at site (In park)** Parking, Toilets, Garbage Cans, Wooded Picnic Area, Interpretive Display, Change Rooms, Water

**Arriving by land** Turn off the Clam Harbour Road onto Beach Road. Look for the blue park signs.

**Arriving by sea** Look for a long sand beach to the east of a drumlin headland and boardwalk steps.

**Topographic map number** Owl's Head 11D10

### **GPS reading**

Lat 44° 43' 24"

Long 062° 53' 15"

**Owner** Province

### **NEARBY SERVICES**

Musquodoboit Harbour. Full range of services. See also [www.seacoasttrail.com](http://www.seacoasttrail.com)

## EAST JEDDORE

East Jeddore is a busy fishing area with lots of wharfs and sheds and boats. However, no public ramps were found anywhere along this shore. One owner of this community



wharf gave permission for paddlers to launch h  
Harbour narrows before  
entering the sea.

*Ramp at Baker's Point, East  
Jeddore*

**Launch Site Rating** Easy. Be aware of currents and shallow conditions at low tide. Sandy at the harbour mouth.

**Launch site Description** Gravel ramp.

**Amenities at site** None. Parking for 2-3 cars. Do not block access to wharf or ramp.

**Arriving by land** Turn down Lindee Lane at Baker's Point about 7 kms from Hwy 7. Turn right at the stop sign and go to the end.

**Arriving by sea** The ramp is beside the last wharf at Baker Point on the east side if paddling into the harbour. It is between the wharf and a short breakwater. It is also across the harbour from three brown cottages (Serenity by the Sea).

**Topographic map number** West Chezzetcook 11D11

### GPS reading

Lat 44° 43' 46"

Long 063° 00' 30"

**Owner** Private. Permission from Graham Baker.

### NEARBY SERVICES

Musquodoboit Harbour Full range of services.

See [www.seacoasttrail.com](http://www.seacoasttrail.com) Jeddore Lodge and Salmon River Country Inn (food and lodging) at the head of the harbour and Serenity by the Sea (Cottages) in West Jeddore.



## HEAD OF JEDDORE - Harbour View Drive



This ramp provides access to the extensive twin arms of Jeddore Harbour. Like other inlets to the west, the harbour narrows before reaching the sea. From here you could paddle around Myer's Point and under the bridge into the long dramatic Salmon River outlet.

*Ramp on Harbour View Drive.*

**Launch Site Rating** Easy. Sheltered.

**Launch site Description** Fine gravel ramp. Back car down to water.

**Amenities at site** None. Roadside Parking

**Arriving by land** The north end of Harbour View Drive is about 2.3 km down the West Jeddore Road off Hwy 7. The ramp is about 30m from the south end which exits back onto the West Jeddore Road.

**Arriving by sea** May be tricky to spot. It is about 300 m NW of a small island with a white house on it.

**Topographic map number** Musquodoboit Harbour 11D14

### GPS reading

Lat 44° 45' 23"

Long 063° 03' 34"

**Owner** Public **Note:** No launch sites were found on Myer's Pt.

### NEARBY SERVICES

Musquodoboit Harbour- About 9 km. Full range of services.

See [www.seacoasttrail.com](http://www.seacoasttrail.com) Nearby Jeddore Lodge and Salmon River Country Inn both offer waterfront lodging, meals and a good base for tours.



## LITTLE HARBOUR



*Fishing boats at Little Harbour*

Little Harbour is a classic Nova Scotian fishing village and active home port. From here you can paddle at mid to high tide up a narrow channel from Little Harbour into Clam Harbour. You can also paddle out to a scattering of islands 2-3 km from the entrance. For detailed route information, see "Eastern Shore, Little Harbour" in Scott Cunningham's excellent book **Sea Kayaking in Nova Scotia** (revised 2013).

**Launch Site Rating** Easy

**Launch Site Description** Sandy/eel grass shoreline. Short carry. Sheltered. Narrow harbour entrance.

**Amenities** None. Park out of the way.

**Arriving by land** At Owl's Head, turn down the road to Little Harbour. Go 3.5 km and look for the road to the wharf. The sandy shore is behind a building with a blue Harbour Authority sign.



*Sandy shoreline at Little Harbour*

**Arriving by sea** Look for the wharf at the entrance to the harbour. The take out is beside the wharf. **Be cautious of currents at the entrance to the harbour.**

**Topographic map number** Owl's Head 11D10

**GPS reading**

Lat 44° 42' 32"

Long 062° 50' 28"

**Owner** Public shoreline

**Note:** There is no ramp or launch site at the Owl's Head Government Wharf.

**NEARBY SERVICES**

The Blue Dory and the Little Harbour Guest House

Musquodoboit Harbour - Full range of services. See also [www.seacoasttrail.com](http://www.seacoasttrail.com)

## MURPHY'S COVE CAMPGROUND



This is a popular and picturesque campground run by friendly owners Brian and Marilyn Murphy. It is a handy base for tours to nearby islands and caters to paddling groups. For detailed route information, see "Eastern Shore, Murphy's Cove" in Scott Cunningham's excellent book **Sea Kayaking in Nova Scotia** (revised 2013).

*Campground launch site*

**Launch Site Rating** Easy

**Launch site Description** Gravel ramp. \$4 per person day charge for non-guests.

**Amenities at site** Parking, Toilets, Garbage Cans, Picnic Tables, Campsites, Small Store, Tour boat available for a charge to run gear out to islands and pickup.

### **Arriving by land**

Look for campground sign off Hwy 7. Go down Murphy's Road to the end.

**Arriving by sea** Look for wharf and building in above photo just north of a cluster of small islands.

**Topographic map number** Tangier 11D15

### **GPS reading**

Lat 44° 46' 28"

Long 062° 45' 26"

**Owner** Brian and Marilyn Murphy [www.murphyscamping.ca](http://www.murphyscamping.ca)

### **NEARBY SERVICES**

Tangier Paddler's Retreat B and B. Coastal Adventures Kayak Tours and Rentals.

Musquodoboit Harbour and Sheet Harbour. Full range of services.

See also [www.seacoasttrail.com](http://www.seacoasttrail.com)