

LOWER EAST CHEZZETCOOK - End Of The Road



Gravel ramp at mouth of Chezzetcook Inlet

This launch site is at the end of a peninsula and faces the open Atlantic. A couple nearby drumlin islands that are Crown land could be paddling destinations on a calm day. Or you could paddle around to Long Beach to the east or up into Chezzetcook Inlet.

Launch Site Rating Easy to difficult depending on wind and waves

Launch site Description Gravel ramp.

Amenities at site None. Parking for 1-2 cars.

Arriving by land

Turn off Hwy 107 at Exit 21 (East Chezzetcook Road) and drive almost to the end about 8 kms. Where the road comes to a Y take the right turn and go .5 km to where the road ends at the launch.

Arriving by sea

The launch is at the very end of the peninsula between Chezzetcook Inlet and Petpeswick Inlet. A small cove is next to it on the east side. Look for gravel bars at entrance to cove at low tide.

Topographic map number West Chezzetcook 11D11

GPS reading

Lat 44° 40' 40"

Long 063° 12' 51"

Owner Public

NEARBY SERVICES

Porter's Lake or Musquodoboit Harbour. Groceries, restaurants and accommodations and other services. See www.seacoasttrail.com

LOWER EAST CHEZZETCOOK - Long Beach



Long Beach with Big Lake behind it.

This 1.4 km beach is a quiet spot with undeveloped Crown land on either side. Like the launch to the east, it is open to the Atlantic. It also has a big lake called Big Lake directly behind it for a freshwater paddle and rinsing off.

Launch Site Rating Easy to difficult depending on wind and waves.

Launch site Description

Sand /cobble beach. Not much sand at high tide. 15 m carry over cobbles.

Amenities at site None. Lots of parking. Two parking areas. There is a road gate so it may be gated at times.

Arriving by land

Turn off Hwy 107 at Exit 21 (East Chezzetcook Road) and drive almost to the end about 8 kms. Where the road comes to a Y take the left turn and go .4 km to where the road ends at the beach.

Arriving by sea

Look for the crescent beach with a long cobble ridge behind it. The parking area is at the far west end of the beach.

Topographic map number Chezzetcook 11D11 **Owner** Public

GPS reading

Lat 44° 40' 49"

Long 063° 12' 26"

NEARBY SERVICES

Porter's Lake or Musquodoboit Harbour. Groceries, restaurants and accommodations and other services. See www.seacoasttrail.com

LOWER THREE FATHOM HARBOUR



Parking area and trail to shore

Lower Three Fathom Harbour shore

This is not an obvious launch site but according to a homeowner next door, it is public and provides easy access to a sheltered lagoon. Surf conditions and strong currents may be present outside the lagoon so paddling within the lagoon is advisable.

Launch Site Rating Easy

Launch Site Description Gravel parking area. Short carry to a cobble shore.

Amenities at site

None. Parking for 1-2 cars. Small grassy area.

Arriving by land

Turn off Hwy 207 down to Lower Three Fathom Harbour. Go .7 km down a road with a Dead End sign. Look for solitary stubby spruce tree on your right.

Arriving by sea Not advisable. Narrow opening to lagoon. Surf conditions.

Topographic map number West Chezzetcook 11D11

GPS reading

Lat 44° 38' 09"

Long 063° 17' 32"

Owner Public

NEARBY SERVICES

B and Bs and Tea Room in Lawrencetown.

Groceries and many services in Porter's Lake. See www.seacoasttrail.com

MARTINIQUE BEACH PROVINCIAL PARK



Boat launch at park into lagoon

This 3km long surfy sand beach has a huge tidal lagoon behind it with many paddling options. On a surfy day, launching will be easier into this shallow lagoon which is about 3 km long and 3 km wide. It has many channels to explore and exits to the harbour

entrance. If paddling out of the lagoon, be cautious of currents in/out of the lagoon and Musquodoboit Harbour. A large Crown island, Francis Nose, forms part of the lagoon shore. See Google Earth for more detail.

Launch Site Rating Easy into lagoon.

Launch site Description Gravel earth ramp. Sandy shoreline.

Amenities at site (Along the 2 km park road) Parking, Pit Toilets, Garbage Cans, Picnic Tables. Seven spots to pull over and access beach by path. Open May to October. Check parks web site for dates. www.parks.gov.ns.ca

Arriving by land Go to the end of East Petpeswick Road. Look for the park sign and drive down the park road to the end. The beach continues another 1.5 km.

Arriving by sea It may be tricky to land on this beach or enter the lagoon. If the currents allow, enter the lagoon channel just past an island at the east end of the beach. Follow the lagoon shoreline until you reach the boat launch.

See alternate take out if beach is too rough "East Petpeswick End of road".

Topographic map number West Chezzetcook 11D11

GPS reading at boat launch

Lat 44° 41' 34"

Long 063° 07' 45"

Owner Province

NEARBY SERVICES

Musquodoboit Harbour- About 12 km. Full range of services. See www.seacoasttrail.com

PETPESWICK YACHT CLUB



Petpeswick Yacht Club ramp

This is a welcoming spot with access to the upper Inlet which has many waterfront homes and a couple small islands. If you decide to paddle down the inlet, be aware of the tide direction and currents up to six knots at the narrows.

Launch Site Rating Easy. Back down to water to unload and then park in the parking area above the clubhouse. \$10 charge.

Launch Site Description Gravel ramp.

Amenities at site

Parking, Washroom, Garbage Cans, Picnic Tables, Grassy areas. Clubhouse only open in summer.

Arriving by land

Go down East Petpeswick Road about 2.2 kms. from Hwy 7. Look for sign.

Arriving by sea Look for short floating wharf, boats and white club house

Topographic map number Musquodoboit Harbour 11D14

GPS reading

Lat 44° 46' 00 "

Long 063° 09' 01 "

Owner Private but public can launch there.

NEARBY SERVICES

Musquodoboit Harbour- About 2 km. Full range of services. See www.seacoasttrail.com

RAINBOW HAVEN BEACH PROVINCIAL PARK



This launch site gives access to the extensive marshes and bird life of Cole Harbour. Most of the land around the harbour is undeveloped - part of a coastal heritage provincial park. Paddling at low tide is more limited as water drains from the shallow harbour. Look at Google Earth for an overview.

Rainbow Haven launch



*Looking from boardwalk ramp
across the channel.*

You can paddle out to sea and the beach from the launch site via a wide sandy channel. Watch for tidal currents in the channel. The beach can also be accessed via a long boardwalk and a 100 m carry.

Launch Site Rating Easy.

Launch site Description Roadside onto cobble sand shoreline.

Amenities on site Lots of Parking, Toilets, Garbage Cans, Picnic Tables, Change rooms.

Arriving by land

Go east out Portland Street and turn right on Bissett Road at the yellow lights just past Fong's Chinese Restaurant. Go to the end of this road and turn left. The park entrance is on your right.

Arriving by sea

Look for a long fine sand beach and the steps at end of the boardwalk. The channel is to the east. You may need to line your boat along the channel shore if there is a strong outgoing current.

Topographic map number West Chezzetcook 11D11

GPS reading

Lat 44° 39' 02"

Long 063° 25' 05"

Owner Public

Alternate launch site if Park is closed: The Park is gated at dusk and closed from mid October to Mid May. An alternate harbour launch site is available just outside the Park. Instead of turning right into the park, continue straight along a road that loops behind the park. The flat cobble ramp on the left is used by trucks to launch boats. Parking for 2-3 cars. It is to the west of a bridge and small huts that are used for skeet shooting.

GPS reading

Lat 44° 39' 13"

Long 063° 25' 29"

NEARBY SERVICES Cole Harbour

SEAFORTH - CAUSEWAY ROAD



Causeway Beach at low tide

A sand cobble beach lines the causeway out to Fishermen's Reserve. The Reserve is a busy place of fish sheds and boats. The waters along this causeway are shallow, and bars and flats are exposed at low tide. This attracts lots of herons and other feeding birds. But you may want a somewhat higher tide to explore this area. Seaforth Beach up the road is not as shallow. (see next site)

Launch Site Rating Easy

Launch site Description Short carry to beach.

Amenities at site None. Off road parking for about 6 cars.

Arriving by land Off Hwy 207. Turn down Causeway Road and go 1.3 km.

Arriving by sea Go past the north end of Rudey's Head and paddle west to the beach.

Topographic map number West Chezzetcook 11D11

GPS reading

Lat 44° 38' 56"

Long 063° 16' 49"

Owner Public

NEARBY SERVICES

B and B's in Lawrencetown and Grand Desert

Rose and Rooster Bakery and Café in Grand Desert

Groceries and many services in Porter's Lake See www.seacoasttrail.com

SEAFORTH - BEACH



*Seaforth Beach
at low tide*

This is a wide crescent beach that allows easier launching at low tide than the site at Causeway Rd.

Launch Site Rating Easy to moderate depending on surf

Launch site Description Short carry to beach

Amenities at site None.
Roadside parking for 2-3 cars.

Arriving by land

Across from entrance to Hope for Wildlife.
5909 Hwy 207. At south end of beach.



Path to beach

Arriving by sea

Look for large drumlin and white church at north end of beach.
Path to road at south end.

Topographic map number West Chezzetcook 11D11

GPS reading

Lat 44° 39' 46"

Long 063° 15' 35"

Owner Public

NEARBY SERVICES

B and B's in Grand Desert - Changing Tides and Moonsnail
Rose and Rooster Bakery/Café and La Cuisine de Brigitte in Grand Desert.
Groceries and many services in Porter's Lake. See www.seacoasttrail.com

WEST PETPESWICK - Halifax Regional Municipality Park



*Park beach and launch site
Park from the road*



This HRM park is very small but still fits in a parking area, tiny beach, grassy area, wharf and picnic table. What it doesn't have is any indication that it is a public park. This is a developed area with many waterfront homes but lots of forest cover. A couple of small islands are nearby if you want a sheltered paddle close to Musquodoboit Harbour (village). You could also paddle over to the Yacht Club on the other side.

Launch Site Rating Easy

Launch site Description Tiny sand beach. Short carry.

Amenities at site Parking for 4 cars, Picnic Table

Arriving by land Next to road but no sign. About 1 km off Hwy 7.
169 West Petpeswick Road.

Arriving by sea Go past a couple of islands at the head of the inlet. The park is on the west side just past a hook of land with a house on it.

Topographic map number Musquodoboit Harbour 11D14

GPS reading

Lat 44° 46' 37"
Long 063° 09' 21"

Owner HRM (Halifax Regional Municipality)

NEARBY SERVICES

Musquodoboit Harbour - About 2km. Full range of services.

See www.seacoasttrail.com

BEDFORD - DeWolf's Park



DeWolf Park ramp

From here you can paddle across to Admiral Cove Park (wooded area across Bedford Bay) and into Bedford Basin. Landing is limited around the Basin due to steep rock banks that support railway tracks, private property and DND land. A possible landing spot is a short paddle away at Bedford Lion's Park (see next site)

Launch Site Rating	Easy
Launch site Description	Wide asphalt ramp
Amenities at site	Ample Parking, Port-a-Potty, Garbage Cans

Arriving by land

It's not obvious how to get to this ramp. Turn off the Bedford Hwy onto Convoy Road at the lights next to the Fire Station. Go past brick condos and around the small harbour (about 1 km). It is located at the very end of Convoy Road.

Arriving by sea

Look for condos and two long piers. Go between piers and ramp in on your left.

Topographic map number Halifax 11D12

GPS reading

Lat 44° 42 ' 44 ''
Long 063° 40 ' 16 ''

Owner Public

NEARBY SERVICES

Grocery store and restaurants nearby. Also motels. Full range of services in Bedford.

BEDFORD LION'S PARK



Lion's Park ramp

Lion's Park beach



This lovely little park with big hardwoods is a busy spot in summer with a swimming pool and playground. The lawn provides space to organize and pack gear or have a picnic. From here you could paddle over to Admiral Cove Park or out into Bedford Basin. The shoreline here is very developed with private homes.

Launch Site Rating	Easy
Launch Site Description	Small concrete ramp. Small beach next to it - 15 m carry.
Amenities at site	Parking next to ramp for 7 cars. More parking available in lot above park. Toilets, garbage, water.

Arriving by land

Turn down Shore Drive off the Bedford Hwy. Turn right and drive about .6 km until you see the sign for the Park. 227 Shore Drive. Drive down road to water.

Arriving by sea

Note boats and wharf by yacht club to the NE. Also look for pool and basketball court.

Topographic map number Halifax 11D12

GPS reading

Lat 44° 43' 29"

Long 063° 40' 01"

Owner Public

NEARBY SERVICES

Groceries, Restaurants and full range of services in Bedford.

COW BAY BEACH

In a built-up neighbourhood of new homes, this small park is a good example of maintaining access to the coast. A trail leads from the small parking lot to a long crescent beach with large marshes behind it. This beach is exposed to the open sea.

Launch Site Rating

Moderate. Surfy.
Suited to calm days.

Launch site Description

Fine gravel path to beach. About 60m carry. Cobble/sand beach.



Trail to Cow Bay Beach

Amenities at site

Parking Lot, Garbage Cans, Picnic Tables, Interpretive Panels. No Toilet.

Arriving by land

1277 Cow Bay Rd. Off Route 322. Look for park sign and a large moose.

Arriving by sea Look for a large windmill and crescent beach between two headlands.
Trail to parking lot at east end by windmill.

Topographic map number West Chezzetcook

GPS reading

Lat 44° 36' 53"
Long 063° 26' 02"

Owner HRM

NEARBY SERVICES

Eastern Passage or Cole Harbour

DARTMOUTH COVE

This launch is in area of new waterfront construction and hopefully will be kept as public access. A fence prevents vehicles from accessing the water but allows for foot traffic. From here, you can paddle in Halifax Harbour and around Georges Island.

Note: The yacht club at nearby Alderney Landing to the west has a ramp but a pass is required. It may be a useful landing spot in an emergency.

Launch Site Rating Moderate.

Dartmouth Cove ramp



Launch Site Description Rough gravel rock ramp. It involves a carry past a wood fence, then across the tracks and walking trail. 25 m carry. Grassy areas for sorting gear.

Amenities at site Parking lot.

Arriving by land

Going east on Portland Road, look for a Tim Horton's coffee shop on your left. On your right, turn down Maitland St and go to the end. Park here. Walk past a wire fence in front of a building, through the wooden fence and then down to the water.

Arriving by sea

Look for a building with colourful murals on the side at the head of the cove. See photo.

Topographic map

number Halifax 11D12

GPS reading

Lat 44° 39' 56"

Long 063° 33' 39"



The ramp is just in front of these murals.

Owner Public

NEARBY SERVICES

Tim Horton's and other restaurants
Full range of services in Dartmouth.

EAST CHEZZETCOOK GOVERNMENT WHARF



East Chezzetcook wharf and ramp

The wharf here is on one of the channels that remain in this shallow inlet at low tide. High tide may be a better time for exploring this area. The islands across from the wharf are Crown Land. Many of the spruce trees look grey, killed by insects.

Launch Site Rating Easy

Launch site Description Asphalt ramp. Gentle slope.

Amenities at site None. Lots of parking.

Arriving by land

Turn off Hwy 107 at Exit 21. Go about 3.2 km and look for "East Chezzetcook Wharf Road". Go to end.

Arriving by sea

Look for storage sheds and wharf and rock walls.

Topographic map number East Chezzetcook 11D11

GPS reading

Lat 44° 42' 41"

Long 063° 14' 10"

Owner Public

NEARBY SERVICES

Many services in Porter's Lake. Groceries and restaurants. See www.seacoasttrail.com

EAST PETPESWICK - End Of The Road



This launch site gives access to a small lagoon to the west of Martinique Provincial Park.

It is a good take out if you are padding down Petpeswick Inlet and want to avoid the headland or a surfy landing at the beach. A possible paddle would be across and up the inlet to Conrod Beach if the current and tide allow.

Launch site near Martinique Beach

Launch Site Rating Easy

Launch site Description Gravel Ramp

Amenities at site None. Limited roadside parking

Arriving by land

Go down East Petpeswick Road almost to the end. This launch is hard to spot. Look for a fire hydrant and signs across the road. It is about 300 m before the park entrance.

Arriving by sea

Follow the east shore of Petpeswick Inlet into a small lagoon near the entrance. Look for where the road goes close to the shore and a small gravel ramp.

Topographic map number West Chezzetcook 11D11

GPS reading

Lat 44° 41' 32"

Long 063° 08' 54"

Owner Public

NEARBY SERVICES

Musquodoboit Harbour- About 10 km. Full range of services.

See www.seacoasttrail.com

EASTERN PASSAGE - Fisherman's Cove Ramp

This is a lively spot that appears to successfully combine tourism and fishing. Coffee shops and gift stores line the wharf next to fishing sheds, boats and gear.

The main attraction for paddlers is that Lawlor's Island and McNab's Island, both public wilderness islands, are a short paddle away. They have accessible sandy shorelines, extensive forest trails, and old forts.



Government Wharf Ramp, Fisherman's Cove

Launch Site Rating Easy.

Launch Site Description Asphalt and concrete ramp.

Amenities at site Parking: Drop off boat and then park back by nearest restaurant. Washrooms in restaurants. Fresh seafood. Beach and short trails at park.

www.fishermanscove.ns.ca



Camping is allowed on McNab's Island on the west side. For more info on camping, see "McNab's Island" under the Lunenburg to Halifax water trail section. (**Note:** It is also possible to park and launch at several spots at McCormack Beach next to the Fisherman's Wharf area. This is best done at high tide as it is shallow and a long haul at low tide.)

McCormack's Beach at low tide.

Lawlor's and McNab's Islands can be seen across the channel.

Arriving by land

On Route 322 at Eastern Passage look for the sign for Fisherman's Cove. Turn here and drive to the end. Look for the Harbour Authority sign.

Arriving by sea

Paddle up the east side of Lawlor Island. The ramp is hidden in a crowd of waterfront structures. It is on the northwest end of the property in between a large white building and an L shaped wharf with boats. The ramp is next to a wide slipway.

Topographic map number West Chezzetcook 11D11

GPS reading

Lat 44 ° 36' 39"

Long 063° 29' 46"

Owner Public

NEARBY SERVICES

Many services available in Eastern Passage and Woodside.

Note: Although several places to access the water were found along Shore Road heading east toward the open sea, the shore is rocky and exposed. For this reason they are not included here as desirable sites.

GRAND DESERT



Grand Desert beach

This launch site, near the entrance to Chezzetcook Inlet, is on a strip of beach that along with a dyke protects the large marsh behind it. The area was settled by Acadians who built the dyke here to grow hay on the extensive salt marshes.

Much of this large inlet, like Cole Harbour to the west and Petpeswick Inlet to the east, drains at low tide becoming a series of channels (see Goggle Earth). From here you can paddle up the inlet to explore the marshes and bird life. Two large Crown Islands (public land) are nearby. You could also paddle across the inlet to Crown Land areas on the other side.

Launch Site Rating Easy

Launch site Description 20 m carry to sand cobble beach.

Amenities at site None. Parking along road at various spots with access to beach. Evidence of camping.

Arriving by land Turn down Dyke Road off Hwy 207. Turn right at the T and drive down rough cobble road to the end. Don't drive or park on sand or grass.

Arriving by sea A fence can be seen on land owned by DND on the south end of this beach. An extensive flat marshland is behind the beach.

Topographic map number West Chezzetcook 11D11

GPS reading

Lat 44° 41' 09"

Long 063° 14' 28"

Launch Site Two: A second launch site is located at the north end of the dyke. Turn left at the T instead of right, and drive along the dyke to the end. A flat gravel area is used to launch boats on trailers. Bumpy road. Loop at end.



Owner Public

Second launch site at end of dyke.

NEARBY SERVICES

B and B's in Grand Desert - Changing Tides and Moonsnail

Rose and Rooster Bakery/Café and La Cuisine de Brigitte in Grand Desert.

Groceries and many services in Porter's Lake

See www.seacoasttrail.com

HALIFAX - Casino Ramp

This ramp next to the Casino provides direct access to busy Halifax Harbour. No parking is available at the ramp so it may work best to get dropped off or picked up here. The Harbour Hopper, a very large green amphibious vehicle used for city tours, enters and exits the harbour here and is not happy to find cars parked on the ramp. There is a parking garage at Purdy's Wharf on the other side of the Casino.

Better parking for a harbour tour is available at Point Pleasant Park (see Lunenburg to Halifax section) or Dartmouth Cove on the other side.

Launch Site Rating Easy

Launch site Description Long concrete ramp

Amenities at site No parking. The Casino has washrooms and a restaurant.

Arriving by land

Travel north on Upper Water Street.

The ramp is on the north side of the Casino and hard to see until you are there.

Arriving by sea Look for the Casino Tower. See photo above.

Topographic map number Halifax 11D12

GPS reading

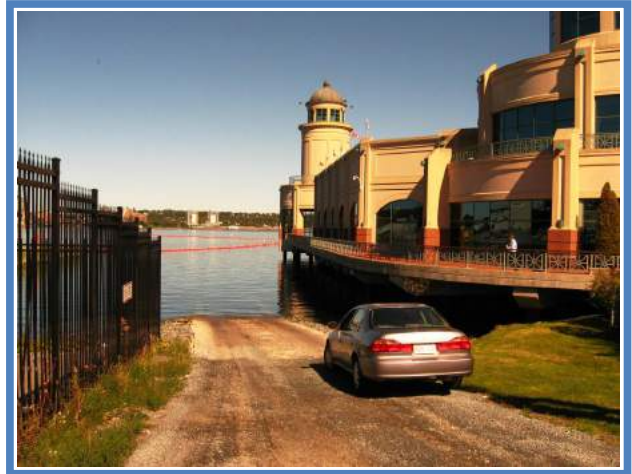
Lat 44° 39' 11"

Long 063° 34' 37"

Owner Public

NEARBY SERVICES

Located in downtown Halifax. Numerous restaurants and hotels.



Ramp next to the Casino



Halifax Harbour

LAWRENCETOWN BEACH PROVINCIAL PARK



Lawrencetown Beach on a calm day

This is a popular beach with surfers. The surf can make for a challenging launch but on calm days it is OK. The park is gated at dusk but the first pullover to the west and the closest water access is before the gate. **Note:** Another beach west of here is signed for its dangerous currents.

Launch Site Rating Easy to difficult depending on surf.

Launch Site Description Carry 15m. Go up steps over rock wall to cobble/ sand beach.

Amenities at site

Off road parking for 6 cars. Garbage can. A short distance on in the park are toilets, picnic tables, change rooms, a large parking area and other boardwalks.

Arriving by land Off Hwy 207. Look for signs. Right next to road.

Arriving by sea Land at the west end of the beach and look for the steps and a long rock wall.

Topographic map number West Chezzetcook 11D11

GPS reading

Lat 44° 38' 37"

Long 063° 20' 57"

Owner Province

NEARBY SERVICES

Heron's Nest Tearoom - On hill to west of beach. Good food and great view.

Several B and B's near the beach. Groceries and Restaurants in Cole Harbour and Porter's Lake. See www.seacoasttrail.com

LOWER EAST CHEZZETCOOK - Conrod Beach



Conrod Beach

This long crescent shoreline of small cobbles has grassy areas behind it and a large marshland. This loop has many spots to park off road. Some have fire pits and likely this area is used for camping in warmer months. This is about two kms up the inlet and so more protected.

Launch Site Rating Easy

Launch site Description Cobble beach. Short carry over small ridge.

Amenities at site None. Lots of parking, grassy areas for sorting gear.

Arriving by land

Turn off Hwy 107 at Exit 21 (East Chezzetcook Road) and go about 5km. Look for "Conrod Beach Road" by a playground and small pretty church. Go to the end. Road is a bit muddy at the beach.

Arriving by sea Look for a crescent beach that swings out into the inlet about 2km up on the west side. The road follows this beach so you can land anywhere along it.

Topographic map number West Chezzecook 11D11

GPS reading

Lat 44° 42' 06"

Long 063° 10' 44"

Owner Appears to be used by public

NEARBY SERVICES

Porter's Lake or Musquodoboit Harbour. Groceries, restaurants and accommodations and other services. See www.seacoasttrail.com